MAIN MENU

Served Monday - Saturday 12pm - 8:30pm

The Wheatsheaf
country pub + dining

STARTERS & LIGHT BITES

Marinated Mixed Olives (GF)(VE) £5.50
Seasonal selection of olives in rich olive oil

Bread & Humous (GFA)(VE) £7.00
Focaccia accompanied by olive oil and balsamic vinegar and red pepper humous

Homemade Soup of The Day (GFA) £7.95
Served with toasted ciabatta

Garlic Wild Mushrooms (GFA)(VE) £8.95
Served on sourdough with beetroot humous and a wild rocket salad

Camembert Sharer (GFA)(V) £18.95
A rich creamy camembert wheel oven baked, seasoned with garlic and rosemary accompanied by onion chutney and a selection of artisan bread

Wheatsheaf Onion Bhaji's (V) £8.95
With mango chutney

Battered Chilli Tempura Prawns (GF) £9.95
Chilli & coriander salsa

Tempura Courgettes (GF)(VE) £8.50
With a ponzu dipping sauce

Sticky Pork Belly Bites £9.95
Coated in a sticky glaze of lime, sesame seeds and soy sauce garnished with spring onion

Breaded Whitebait £8.50
Lemon & dill mayo

Crispy Breaded Brie (V) £9.00
With a sweet chilli dip

Chicken Katsu Bites £9.00
Tender chicken breast chunks coated in crispy panko breadcrumbs, served with a sweet and savoury katsu dip

SIDES

Rocket & Parmesan Salad (GF) £4.95

Skinny Fries (GF) £4.95

Triple Cooked Chips (GF) £4.95

Homemade Onion Rings (GF) £5.95

Garlic Bread £5.95

Cheesy Garlic Bread £6.95

Truffle Parmesan Fries (GF) £5.95

Sweet Potato Fries (GF) £5.95

Vegan (VE) *Vegetarian (V)* *Gluten Free (GF)* *Gluten Free Adaptable (GFA)*

See Special Boards for Dishes & Desserts of the Day

If you require information regarding the presence of allergens in any of our food or drinks, please ask your server who will be happy to provide this information. Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen, food may be prepared in the presence of ingredients that do contain allergens.

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FROM THE LAND

Crispy Duck Salad (GF) **£19.95**
Served on a crunchy salad bed of watercress, carrots, radish, spring onions and sesame seeds, tossed in a hoisin sauce

8oz Rib-Eye Steak (GF) **£29.95**
Onion rings, beef tomato, triple cooked chips & peppercorn sauce

Fillet Beef Stroganoff (GF) **£25.95**
Steamed rice with a side of sautéed spinach with garlic

Classic Beef Lasagne **£18.95**
Served with garlic bread & a side salad

Pie of The Day **£19.75**
Creamy mash or triple cooked chips with seasonal veg & gravy

Loaded Beefburger (GFA) **£19.95**
Served in a brioche bun with a 6oz beef patty, grilled halloumi and harissa mayo with a side salad and skinny fries

Chicken Katsu Curry **£20.95**
Crispy panko chicken cutlet smothered in a creamy curry sauce served with rice

Sausage Duo/Trio & Mash **£16/£19**
Gravy and seasonal veg

Hunters Chicken (GF) **£17/£20**
Chicken breast wrapped in bacon and smothered in cheddar cheese and BBQ Sauce served with triple cooked chips & salad

Ham, Egg & Chips (GF) **£16/£19**
Home cooked ham with eggs and triple cooked chips

FROM THE SEA

Fish & Chips (GF) **£16/£20**
Beer-battered haddock, homemade tartare sauce, garden peas and triple cooked chips

Catch of the Day (GF) **£18/£23**
Pan fried fish served with new potatoes, tenderstem broccoli & a samphire velouté sauce

Breaded Wholetail Scampi **£15/£18**
Homemade tartare sauce, garden peas and triple cooked chips

King Prawn & Monkfish Curry (GF) **£25.00**
With fresh lime, coriander, chilli and garlic finished with a creamy banana sauce, served with steamed rice and a popadom

FROM THE FIELD

Classic Vegetable Lasagne (V) **£18.95**
Served with garlic bread & a side salad

Vegan Panang Curry (GF)(VE) **£18.95**
Authentic thai coconut and peanut sauce with tofu, cauliflower, green beans, and peppers

Mushroom & Leek Pie (VE) **£19.25**
Creamy mash or triple cooked chips with seasonal veg & gravy

Sweet Potato & Goats Cheese Pie (V) **£19.25**
Creamy mash or triple cooked chips with seasonal veg & gravy

Nourish Salad Bowl (GF) **£15.95**
Avocado, roasted squash, mixed grains, spinach, pickled red onions & garlic aioli
Add chicken, halloumi or falafel +£4

Garden Burger (VE) **£19.25**
Served in a brioche bun with vegan smoked cheese, beef tomato, lettuce, red onion, vegan mayo with a side salad & skinny fries